

## Snack Rota

### Breakfast Club

A selection of healthy cereal, wholemeal toast with low fat spread and honey along with fruit will be offered daily with a drink of milk or water.

### After School Club

All children arriving at 3:15pm will have a small snack of milk or water accompanied by crackers or biscuits

Children who remain in the club past 5pm will have a further snack from the menu below which runs on a three week cycle.

Week 1 (wc 2.11.15)	Week 2 (wc 9.11.15)	Week 3 (wc 16.11.15)	Week 4 (wc 23.11.15)
Monday Staff Inset	Monday Spaghetti on toast	Monday Tortilla Chips with cheese and tomato	Monday Spaghetti on toast
Tuesday Cheesy pasta	Tuesday Tuna sandwich	Tuesday Pasta with a tomato sauce	Tuesday Cheese on toast/ sandwich
Wednesday Soup and bread	Wednesday Soup and toast fingers	Wednesday Soup and bread	Wednesday Soup and toast fingers
Thursday Baked beans on toast	Thursday Pitta bread pizza	Thursday Baked beans on toast	Thursday Pitta bread pizza
Friday Tortillas and cream cheese	Friday Crackers and cheese	Friday Popcorn and fruit	Friday Tortillas and cream cheese

A drink of milk and water will be offered.